

In their own words (fellow testimonials)

Maureen Tshuma

on the programme's high standards



One of the many things I love about the CREATE programme is its international high standards in both its academic and research community.

Through this programme I have been exposed to supervisors and mentors with a wealth of experience and knowledge, world-class peers and the opportunity to study abroad. This has given me new global perspectives on a number of research methodologies, developed my critical thinking skills and provide new insights on how to conduct research that is robust.

The CREATE programme will be instrumental in me developing community-based interventions for older adults that are economical, sustainable and scalable, which addresses challenges to mental health and cognitive function.





Jonathan Kitonsa

on his personal and academic growth through the programme



The Digital Global Health Academy in particular has been a welcome part of the experience. Its interactive and engaging nature as well as the research and non-research related topics covered, has equipped me with the tools and confidence to not only complete my PhD but to also make a meaningful contribution towards assessing the safety of injectable ART in African settings.



MRC/UVRI and LSHTM Uganda Research Unit





Josie Prynn

on the programme's inclusivity



I really respect the way that the CREATE programme is run and how actively they are trying to address the inequalities that exist in the world. It is one of the most inclusive programmes I have seen, such as enrolling individuals from non-medical backgrounds.

This has made the programme as a whole as well as the experience of the fellows that much richer. Being part of this process and observing its structure and the family-like community created has been inspiring to me when thinking about my future and how I will endeavour to lead projects and practice research in a considered and ethical way.



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on the Fellow pairing





By pairing UK fellows with a fellow from Africa, we feel the CREATE programme has added a vital support system to what can oftentimes be a very long, difficult and lonely journey. The benefits of being in a pair (or having a "twin" as we call it!) are endless, including: having constant support, feedback, someone to challenge you, uplift you, help you recalibrate your research questions and refine your output, help you familiarize yourself with new environments and cultures, make vital introductions, laugh with, learn with and grow with.

We are both medics and we have several areas of intersection in our research which has enabled us to provide specific insight and support to each other and also recognise an opportunity for future collaborations.





